

Be a Safe Babysitter

Caring for young children is a big job. A babysitter must be able to react quickly and correctly in case of an emergency.

Important Information

A babysitter must be certain of important information before the parents leave. Remember to ask these questions:

- How many children will be watched?
- Where are the parents going and when will they return?
- Is there a phone number where parents, a relative and/or a neighbor can be reached in case of an emergency?
- Do the children have special food or medicine needs?
- What time is bedtime?
- Where is a flashlight in case of a power failure?

Parent Responsibilities

- Have and post important information:
 - address
 - health insurance
 - emergency numbers (9-1-1, poison control)
 - child's information (name, date of birth, medical conditions, medications/dosage, allergies)
- Have your home address clearly visible from the street and posted near the phone.

Post the Home Escape Plan

The babysitter should know this safety information:

- If caring for infants or physically challenged children, consider how to get them out of the house in case of fire.
- Be sure the home has a working smoke alarm.
- Know CPR. Attend a childcare program.
- If meals are to be cooked, remember kitchen safety rules.
- In an emergency, **call 9-1-1.**

More on back...



**EPHRATA
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Multicultural Fire & Life Safety Programs

Things to Remember

- If the home has a swimming pool, be sure all gates, access doors, doggy doors and windows are closed and locked.
- A baby sitter should NOT talk on the phone when taking care of children (unless there is an emergency).
- Don't open the door to strangers, even if they claim to be friends or neighbors of the family, unless parents gave prior authorization.
- Keep doors and windows locked.
- Never leave a child unattended when in a bathtub.
- Close and/or lock bathroom doors when not in use.

Remember, Children need to be watched at all times!

Emergency Dial 9-1-1

Address	
Health insurance	
Child's Name	
Date of birth	
Medical conditions	
Medications/dosage	
Allergies	
Parent's Name	
Contact phone	